



Amy Beros Biography

Food Bank President & CEO

Amy Beros is President & CEO of the [Food Bank of Central & Eastern North Carolina](#) – among the largest anti-hunger organizations in the United States. Amy returned home to the Food Bank following several years of service with [Feeding America](#), where she led nationwide efforts to build food banks' capacity to better serve people facing hunger and poverty.



Throughout her career, Amy has maintained a firm commitment to holding the experiences of neighbors at the heart of every decision. She has applied this community-centered approach across critical efforts in food sourcing and access, disaster response, strategic partnerships, and philanthropy – including leadership roles with [Inter-faith Food Shuttle](#), [Easter Seals UCP](#), and [Pillars Community Health](#). During Amy's prior tenure with the Food Bank, she led the multi-year campaign that established the organization's state-of-the-art Raleigh headquarters and ushered in a new era of systemic solutions to hunger in the region.

A South Carolina native, Amy holds a Bachelor of Science from Clemson and an MBA from DePaul University. She currently resides near Raleigh, North Carolina with her husband, two children, and rescue dogs. Outside of work you can find Amy lifting weights, spending time with family, or sharing her love for Dolly Parton with anyone who will listen.

"The Food Bank has always had a special place in my heart because of the amazing team, resilient partner network, and incredible generosity of our supporter community. In many ways, the challenges our communities face have never been greater. But together, I know we can achieve a future where no one goes hungry – no matter where we live, where we're from, or the color of our skin."

"I started working in hunger relief when I was about eight years old – volunteering with my family at the Good Neighbor Cupboard in my hometown. My earliest memories are selling raffle tickets to raise funds for the pantry and sharing turkeys during the holidays. It's that kind of local, community-led change that forms the cornerstone of our work to transform lives and end hunger for good."

– Amy Beros, Food Bank President & CEO

For interview or speaking requests, please contact:

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