



Amy Beros Biography

Amy Beros is a nonprofit executive whose career has been shaped by a simple conviction: the people closest to a challenge should help shape its solutions.

As President & CEO of the [Food Bank of Central & Eastern North Carolina](#), Amy leads one of the nation's hunger-relief organizations, serving a diverse 34-county region through a broad network of community partners. Her focus extends beyond distributing food to building a stronger, more responsive organization and advancing solutions that address why hunger exists in the first place.

Amy brings experience in national network leadership, philanthropy, organizational strategy, food access, and disaster response. Before stepping into the CEO role, she served with [Feeding America](#), helping food banks nationwide strengthen their capacity and deepen their community impact. She has also held leadership roles with [Inter-Faith Food Shuttle](#), [Easterseals UCP](#), [Pillars Community Health](#), and the Food Bank of Central & Eastern North Carolina. During her previous tenure at the Food Bank, she led the campaign that made its Raleigh headquarters possible and helped position the organization for its next era of growth.

Amy holds a bachelor's degree from Clemson University and an MBA from DePaul University. In addition to her work at the Food Bank, Amy serves as board treasurer for Feeding the Carolinas and as a member of Feeding America's Neighbor Access and Experience Advisory Council. She lives near Raleigh with her husband, two children, and rescue dogs. When she is not working, she can usually be found enjoying live music, spending time with her family, or reminding people that Dolly Parton is both a cultural icon and a highly credible leadership philosophy.